

## Program

7:45 a.m. Registration and Continental Breakfast

8:00 a.m. Welcome and introduction  
A primer on symptomatic management  
of multiple sclerosis  
*Andrew D. Goodman*

8:10 a.m. Interventions for symptomatic  
management of MS: A case-based  
approach

- Fatigue
- Cognitive impairment
- Benefits of non-pharmacological  
interventions
- Available pharmacological  
treatments

*Lauren B. Krupp*

8:30 a.m. Interventions for symptomatic  
management of MS: Case continues

- Spasticity and impaired mobility
- Benefits of non-pharmacological  
interventions
  - Psychosocial
  - Rehabilitation
- Available pharmacological  
treatments

*Jürg Kesselring*

8:50 a.m. Conclusions and Interactive Q&A  
*All*

9:00 a.m. Program close

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# Emerging Insights: Assessment and Management of Symptoms in Multiple Sclerosis

Friday, September 11, 2009  
Symposium: 8:00 – 9:00 a.m.  
Room 1  
Congress Center Düsseldorf  
Düsseldorf, Germany



Postgraduate Institute  
for Medicine



Jointly sponsored by Postgraduate Institute  
for Medicine and Strategic Consultants International.

**ACORDA**  
THERAPEUTICS

This activity is supported by an educational grant  
provided by Acorda Therapeutics.

## Program description

In order to improve patient care it is essential that healthcare providers are able to identify, assess, and treat symptoms associated with multiple sclerosis (MS) in a timely manner. In recent years there has been considerable advancement in disease modifying agents for treatment and management of MS. Despite these advances, many patients will experience relapse and disease progression. Over the course of their disease, more than 50% of MS patients will experience loss of employment, fatigue, bladder dysfunction, spasticity, use of an assisted walking device and an inability to walk. Expert faculty will present a case-based scenario highlighting barriers to symptomatic care and quality-of-life in MS, and review both pharmacological and non-pharmacological interventions for symptomatic management of MS.

## Target audience

This activity has been designed to meet the educational needs of neurologists and other allied healthcare professionals involved in the care of patients with multiple sclerosis.

## Educational objectives:

After completing this activity the participant should be better able to:

- **Indicate** strategies for reducing fatigue associated with MS
- **Describe** the role of a multidisciplinary team in managing MS-associated spasticity
- **Identify** the interaction of cognitive function with MS symptoms and progression
- **Explain** the importance of patient education and participation in MS symptom management
- **Describe** the role of an action plan in provider-provider and patient-clinician communication and outcomes.

## Faculty

### Andrew D. Goodman, MD (Chair)

Professor of Neurology  
Director, Multiple Sclerosis Center  
Chief, Neuroimmunology Unit  
Department of Neurology  
University of Rochester Medical Center  
Rochester, NY

### Jürg Kesselring, MD, PhD

Head of the Department of Neurology and Neurorehabilitation  
Rehabilitation Centre  
Valens, Switzerland

### Lauren B. Krupp, MD

Professor of Neurology  
Department of Neurology  
Stony Brook University  
Stony Brook, NY

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### Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by PIM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

### Certification

#### Accreditation Statement – Physicians

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Postgraduate Institute for Medicine (PIM) and Strategic Consultants International. PIM is accredited by the ACCME to provide continuing medical education for physicians.

#### Credit Designation

Postgraduate Institute for Medicine designates this educational activity for a maximum of 1.0 AMA PRA Category 1 credit(s)<sup>™</sup>. Physicians should only claim credit(s) commensurate with the extent of their participation in the activity.

A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be mailed to you within 3 weeks.

#### Fee Information

There is no fee for this educational activity.

#### Americans with Disabilities Act

Event staff will be glad to assist you with any special needs (ie, physical, dietary, etc). Please contact Julie Freestone prior to the live event at +44 (0) 207 378 7731.



**REGISTER NOW!**

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Düsseldorf, Germany

Space at the symposium will be limited, so advance registration is strongly recommended.

To register your interest in this activity, please complete this card and fax it to +44 (0) 207 403 8488. Alternatively, register on-line at [www.MSManagement2009.com](http://www.MSManagement2009.com)

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